

# For Guys that Buy

A support group for men

## FINANCIAL FITNESS™

Hamilton

Catholic Family Services is hosting a support group for men who struggle with their shopping habits.

- Do you feel a need to get the latest stuff?
- Are your shopping habits affecting your family?
- Do you want to take control of your money?



If these issues affect you, our Financial Fitness and Family Counselling staff encourage you to join our men's group, which will run for six sessions. Child care will be provided upon request.

**Location:** Catholic Family Services  
447 Main Street East, Unit 201, Hamilton

**Time:** Wednesday evenings from 6-7:30pm.

**Cost:** \$30 for the group (6 sessions)

## Commencing Wednesday February 29, 2012

To register for this group, please contact 905-481-2033. Spaces are limited so register early to avoid disappointment.

NO PAIN. ALL GAIN.™